

MĀLAMA OUR KŪPUNA

A THANKSGIVING DAY BENEFIT FOR HAWAI'I MEALS ON WHEELS

THURSDAY, NOVEMBER 26, 2026

Aloha!

For homebound kūpuna, a knock at the door means far more than the arrival of a meal. It is a wellness check, a friendly conversation, and a reassuring reminder that someone cares.

That is what your support makes possible.

When 79-year-old Deena first began receiving Hawai'i Meals on Wheels, living safely at home in Makaha had become increasingly difficult. Declining health and challenging living conditions left her overwhelmed, and our volunteers quickly recognized she needed ***more than a meal***. Through regular wellness checks, our staff connected Deena with additional support and remained by her side through a hospitalization and temporary relocation, resuming meal deliveries as soon as she returned home.

Today, Deena is back where she wants to be, at home, receiving two nutritious meals each weekday. Her story reminds us that nourishing a kupuna means caring for the whole person.

Today, dozens of other kūpuna are still waiting for that same reassurance.
Will you help us end the wait?

We invite you to become a sponsor of our ***7th Annual Thanksgiving Drive-Thru Fundraiser***. Your partnership will help provide nutritious meals, wellness checks, and compassionate care to more than 1,200 homebound kūpuna across 98 routes on O'ahu, allowing them to remain healthy, connected, and independent at home.

As the only nonprofit in Hawai'i dedicated to medically tailored home-delivered meals, including renal, diabetic, and puréed diets, your partnership ensures no kūpuna has to face hunger or isolation alone.

Please see the enclosed sponsorship and donation form for more information. If you have any questions, please contact Evelyn Fonseca at (808) 784-2761 or efonseca@hmow.org.

Serving kūpuna together



Michelle Cordero-Lee
CEO



Stacy Nakano
Co-Chair



Walter Kinoshita
Co-Chair



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