



MĀLAMA OUR KŪPUNA

**A Thanksgiving Day Benefit for Hawai'i Meals on Wheels
Drive-Thru Pick-Up at Hawai'i Okinawa Center (Waipio)
Thursday, November 28, 2024, 9 AM – Noon**



Hawai'i Meals on Wheels, Inc.
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hmow.org

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Aloha!

Kūpuna's needs are complex and require a hui of support. **Hawai'i Meals on Wheels (HMoW) goes beyond simply delivering nutritious meals.** They provide care coordination and advocacy to help sustain homebound kūpuna as they age in place.

Earlier this year, Eleanor, 85, who lives alone and struggles with memory loss, reached out to HMoW. **Unable to stand without pain, she was in desperate need of meals.** Volunteers began delivering emergency meals made possible by HMoW's community-funded safety-net program. After months of advocacy, Eleanor now receives five government-sponsored meals a week and can also maintain her independence by using transportation services. HMoW also arranged for a public health nurse to help her manage her medications.

The demand for home-delivered meals and social support continues to rise, prompting HMoW to further expand their services to care for those like Eleanor. **They receive 135 calls and bring on 25 new clients every month.** By year end, they expect to deliver more than 180,000 meals to 1,000+ individuals on 80 routes across O'ahu!

We invite you to join us for Hawai'i Meals on Wheels' 5th Annual Thanksgiving Drive-Thru Fundraiser by becoming an event sponsor or purchasing a meal pack. Supporters will receive a ready-to-eat feast at the Hawaii Okinawa Center on Thanksgiving Day.

Thank you for remembering homebound kūpuna. Your support is crucial as HMoW is the only nonprofit in the state offering hot and frozen medical meals (e.g., renal, diabetic, pureed) to at-risk kūpuna.

Please see the enclosed sponsorship and donation form for more details. If you have any questions, please contact Evelyn Fonseca at (808) 784-2761 or efonseca@hmow.org.

Serving kūpuna together,

Walter Kinoshita
Event Co-Chair

Stacy Nakano
Event Co-Chair

