



## DELIVERY AREA

The HMoW service delivery area is from Hawai'i Kai to Ewa, Mililani, Windward, and Waimanalo

Lunches are prepared by:

### A Catered Experience

Areas: Mililani, Mililani Mauka

### Castle Medical Center

Areas: Enchanted Lake, Haiku, Kailua, Kane'ohe

### Kahala Nui

Areas: Kaimuki, Kapahulu, Kilauea, Pahoa, Palolo, Sierra, St. Louis Hts.

### Maluhia

Areas: Downtown, Lower Kalihi, Upper Kalihi, Nuuanu, Pacific Hts., Papakolea, Pauoa

### Lunalilo Home

Areas: East Honolulu, Waimanalo

### Oahu Care Facility

Areas: Makiki, Makua Alii, Manoa, McCully, Moiliili, Punahou, University, Waikiki

### Pali Momi Medical Center

Areas: Aiea, Salt Lake, Moanalua

### Pearl City Nursing Home

Areas: Pearl City, Waimalu

### Queen's Medical Center-West O'ahu

Area: Ewa and Waipahu

### Straub Clinic & Hospital

Areas: Ala Moana, Kakaako, Kinau, and Punchbowl

Dinners are prepared by:

### Oahu Care Facility

Areas: Kaimuki, Waikiki

HAWAII MEALS ON WHEELS is partially subsidized by a Title IIIC Federal Nutrition grant, administered by the Executive Office on Aging, State of Hawai'i through the Elderly Affairs Division of the City and County of Honolulu.



Aloha United Way

#70190



#48796



AUW:70190  
CFC:48796

Hawaii Meals on Wheels, Inc.  
P.O. Box 61194  
Honolulu, HI 96839-1194

# Hawai'i Meals On Wheels

*MEALS FROM THE  
HEART = FOOD FOR  
THE SOUL*



*Serving Hawai'i's Homebound*

*since 1979*

Phone: (808) 988-6747  
Fax: (808) 988-5719  
E-mail: hmow@hmow.org



## BACKGROUND

*HAWAII MEALS ON WHEELS (HMoW)* is a private, non-profit 501(c)(3) organization that is dedicated to helping frail elders and individuals with disabilities preserve their independence at home by providing hot, nutritious meals and regular personal interaction.

The organization was established in 1979 with six clients, six volunteers and \$25. Currently, HMoW serves between 350 - 400 clients each day with lunch or dinner meals.

Meals are delivered Monday to Friday, including all weekday holidays.

*HAWAII MEALS ON WHEELS* does not discriminate based on race, religion or sex.



## CLIENT CONTRIBUTION

So many of our clients who receive meals also want to donate toward the cost of their meal. At the end of each month, clients receive information on how many meals were served and clients are able to donate by cash, check, credit card and/or food stamp. *All contributions are **voluntary**.*

*These contributions go toward helping other individuals who are in dire need of our services.*



## ELIGIBILITY CRITERIA

### To be eligible, clients must:

- ◆ be homebound and lack the physical mobility necessary to shop for food; *OR*
- ◆ be mentally or physically handicapped and lack the ability to prepare meals and have no assistance with meal preparation; *OR*
- ◆ be convalescing following a discharge from a hospital; *OR*
- ◆ be at risk of institutionalization if nutritious meals are not provided; *OR*
- ◆ lack proper nutritional support from family caregiver due to caregiver stress.

### Persons who meet the above criteria must also:

- ◆ be home at delivery time and willing to admit delivery volunteers into their home; *and*
- ◆ have a home environment that is safe and accessible for delivery volunteers.
- ◆ be able to feed themselves or have a caregiver to feed them; *and*
- ◆ provide personal information to determine client eligibility and resolve emergency client situations.
- ◆ be willing to provide a physician/health care professional verification of need.
- ◆ agree to an initial assessment and periodic reassessment of their need for the service.



## REFERRAL

**We work in conjunction with the Elderly Affairs Division of Honolulu.**

**If you are over 60 and don't have Medicaid, please call 768-7700 (Sr. Helpline).**

**If you have Medicaid- call your caseworker for more information.**

**Under 60 or don't meet the criteria, you can also contact our office directly at 988-6747 for more information.**



## HOW YOU CAN HELP

**Call 988-6747 if you would like to:**

**VOLUNTEER:** If you have a car and 2 hours a week to share, YOU can make a difference in the lives of your homebound neighbors.

**MAKE A DONATION:** Your monetary donation will help provide hot meals to our homebound clients.

*HAWAII MEALS ON WHEELS is a 501(c)(3) tax exempt organization.*

*"Meals from the heart =  
Food for the soul."*