



Hawai'i Meals on Wheels
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Join us for our frightfully fun fundraiser
at The Willows Restaurant!
See inside for more details.



**Hawai'i Meals on Wheels
Office Staff**

Claire Shimabukuro
Executive Director

Deena Ahakuelo
Program Coordinator

Sandy Esaki
Administrative Coordinator

Kyle Tokushige
Volunteer Coordinator &
Delivery Driver

Julie Teruya
Executive Assistant

**Joal Murakami
Belinda Quach
Ruth Palmer**
Program Assistants

**Adney Atabay
Mike Lundy
H. Doug Matsuoka**
Delivery Drivers



Now there are more ways to give to Hawai'i Meals on Wheels. When you shop at AmazonSmile, a percentage of your purchases can be designated for Hawai'i Meals on Wheels.

It's easy. Simply go to AmazonSmile website at smile.amazon.com on your computer or mobile device, then select Hawai'i Meals on Wheels as your charity. There are thousands of items to buy. When you're ready to check out, the AmazonSmile Foundation will donate 0.5% of your

eligible AmazonSmile purchases. The purchase price does not include shipping, taxes, or service charges. Please note that these contributions are tax-deductible for the AmazonSmile Foundation; not for the individual purchasers.

Occasionally, AmazonSmile may offer special, limited time promotions that increase the donation amount on products or services.

Be sure to check out other websites such as Google for donation opportunities. Everyone's contributions can easily add up to meals for those who are homebound. Mahalo!



Mahalo to All of Our Wonderful Volunteers!

When Hawai'i Meals on Wheels was founded 35 years ago, we started with six volunteers and served six meal recipients. Last year we served more than 86,500 hot meals to homebound elderly and disabled neighbors.

Without the generosity and dedication of more than 450 volunteers, we would not be able to accomplish this huge task. Every client is served a hot meal at either lunch or dinner. The volunteers bring a friendly visit and check to ensure that our frail neighbors are safe in their homes.

Our volunteers are our heroes and heroines, and this year we honored these wonderful men and women for ensuring that no one went hungry or was lonely:

**Hawai'i Meals on Wheels
Service Awards**

35 Years of Service
Ken & Alice Chun

30 Years of Service
Mary Reese

25 Years of Service
Ruby Siu, Rotary Club of
Windward Oahu



Claire Shimabukuro, Hawai'i Meals of Wheels Exectuive Director, center, with Alice and Ken Chun, who recently reached 35 years of volunteer service.

20 Years of Service
Irene Ida, Mel Ida,
Edward Kaneshige, Gail Yuen

15 Years of Service
Morris Arakaki, CompacFleet

10 Years of Service
Andrew Carpenter, Mary Carpenter, Cora Cho, William Clark,
First Insurance Company of Hawaii, Doug Funesti, Jim Johnston, Kevin Kinerney, Gordon Lau, Regina Leonardi, Isabella Leonardi, Attilio Leonardi, Bertha Lum, Francis Lum, Parish of St. Clements, Macy's Pearlridge, Mark Pennington, Joan Sato, David Tupper, Lourdes Tupper, Amy Uyechi, Myrna Woolery

5 Years of Service
Sheri-Mae Chang, Nancy China, Charles Chou, Judith Cochran, Coldwell Banker Pacific Properties, Fran Dean, Roger Dean, Ululani Friese, Judith Funai, Penny Garrity, Annette Goo, Gayla Goo-Todd, Kathleen Hashimoto, John Kalawe, Juliana Kalawe, John Kim, Theodore Kishimori, Gary Lee, Sue Ann Lee, Lucille Lew, Lorna Lo, Dianne Martin, Dane Matsuura, Brian McCormack, Norman Mochinaga, Jeanne Oka, Amy Okamoto, Carolyn Okinaga, John Pape, Karen Pape, Betty Sam, Gordon Sam, Marian Santo, Josie Satterfield, Dennis Taga, Harry Tanouye, Hugh Taufaasau, Beverly Uchima, Brian Uchima, Melanie Uchima, Yusnita Weirather, John Witeck, Evelyn Wong

**September Spooktacular
The Willows Restaurant
Thursday, Sept. 25, 2014
5:30 pm – 9:30 p.m.**

Get ready for a bewitching evening of fun! Come in costume. Tables with the best costumes will win a team prize!

Reserve your table and tickets today. **See page 3 for more details.** Mark your calendar, and tell your guests to put their best mask forward!

Piha Hau'oli

(Full of Happiness)

is a publication for supporters of Hawai'i Meals on Wheels. We deliver hot meals and warm aloha to ensure all of our recipients are full of happiness.

Our Mission

Hawai'i Meals on Wheels, Inc., a private, not-for-profit 501(c)3 organization, is dedicated to helping O'ahu's elders and individuals with disabilities preserve their independence at home. We do this by providing hot, nutritious meals and regular, personal interaction with those we serve

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A Nutritious Meal from the Heart Saves Money for All

Every weekday, Hawai'i Meals on Wheels delivers hot, nutritious meals to hundreds of homebound individuals. These are much more than mere acts of kindness. For a number of these clients, these friendly visits are a critical element of their care after being discharged from a hospital.



Transitional Care

The evolving healthcare landscape and the Affordable Care Act have elevated the mission and role of Hawai'i Meals on Wheels to a new level. Hawai'i Meals on Wheels now plays an important part of transitional care – the period in which a patient leaves a hospital and receives ongoing attention to avoid being readmitted to the hospital.

Transitional care is important to hospitals because when patients return to the hospital for "preventable" health issues within 30 days, the hospitals are financially penalized. This puts a stronger emphasis on quality care in the hospital and after a patient leaves the hospital.

Help for the Homebound

After returning home, a patient may not feel like eating, may resort to inappropriate snacking, or they may be homebound and unable to shop for groceries. There may not be a family caregiver to help. Yet, this is the most vulnerable time

when a patient may need proper nutrition to facilitate healing and recovery. That's where Hawai'i Meals on Wheels can enter their lives.

The Watchword: Nutritious

The mission of Hawai'i Meals on Wheels is to help O'ahu's elders and individuals with disabilities preserve their independence at home by providing hot, nutritious meals and regular personal interaction with them. The word, "nutritious" in the mission statement should be underscored because nutritional meals are important to a patient's recovery.

A Wise Investment

Supporting Hawai'i Meals on Wheels means more savings for everyone now and in the future. And it avoids the heartache of having to see loved ones back in the hospital.

Hawai'i Meals on Wheels can be a part of your recovery plan! Call us at (808) 948-6747.



September Spooktacular
A benefit for Hawai'i Meals on Wheels

The Willows Restaurant
Thursday, Sept. 25, 2014
5:30 pm - 9:30 pm

Put your best mask forward!
A hauntingly great time awaits you!

Sponsorship and Donation Form

I would like to be a part of the September Spooktacular and support Hawai'i Meals on Wheels!

Table Sponsorships:

Magnificent Monster Sponsorship: \$5,000

- 8 tickets (1 Table) to September Spooktacular
- Recognition at September Spooktacular
- Featured in HMoW newsletter and website
- Recognition in September Spooktacular printed program

Generous Goblin Sponsorship: \$2,500

- 8 tickets (1 Table) to September Spooktacular
- Recognition in September Spooktacular printed program

Black Cat (Individual Tickets): \$150/ticket

- Recognition in September Spooktacular printed program

I would like to purchase:

___ tables at \$5,000 each = \$ _____

___ tables at \$2,500 each = \$ _____

___ individual tickets at \$150 each = \$ _____

Phantom Donors:

I cannot attend but would like to make a donation:
\$ _____
Donations will be acknowledged in the event program.

Credit Card Information:

Table sponsorships, ticket purchases, and donations made by credit cards are welcome.

Name (on card) _____

Card number _____

Exp. date ___ / ___ Visa MasterCard

Signature _____

Organization: _____

Contact Person: _____ Title: _____

Address: _____ City: _____ Zip: _____

Phone: _____ Fax: _____ Email address: _____



Please make checks payable to: Hawai'i Meals on Wheels. Please mail this form to: Hawai'i Meals on Wheels at P.O. Box 61194, Honolulu, Hawai'i 96839-1194 or fax to 988-5719 or email to hmowsandy@hawaii.rr.com.

Hawai'i Meals on Wheels is a private, not-for-profit 501(c)(3) organization. All financial contributions are tax deductible to the fullest extent under the law. Acknowledgement letters will document amount that is tax deductible. Questions? Call 988-6747.

Your response by September 13, 2014 is appreciated. Mahalo!